



## Directed phytotherapy

These listed medicinal plants facilitate a safe start with the combination EAV & phytotherapy. The symptoms should be correctly classified and treated causally by an EAV practitioner, who also knows which parts of the plants are efficient, how they have to be prepared and who knows the Indications and contraindications of each medicinal plant and can precisely apply them in the energetic context. The best phytopharmaceutical is the one which is tested according the EAV and enables 100% personalized treatments.

<i>Abies alba</i> (1)	Ge, Kr, Ne B, Lu
<i>Abies balsamea</i> (1)	Lu
<i>Abies sibirica</i> (1)	Ge, Kr, Ne B, Lu
<i>Acacia senegal</i> , (verreck) (1)	Bi D
<i>Achillea millefolium</i> (1)	Hau, BI E, Madidü, Ne
<i>Achillea moscata</i> (1)	Madidü, Ne
<i>Acokanthera ouabaio</i> (1)	
<i>Aconitum napellus</i> (1)	
<i>Acorus calamus</i> (1)	Ne B, Ge, Mada
<i>Adiantum capillus veneris</i> (1)	Hau F
<i>Adonis vernalis</i> (1)	
<i>Aesculus hippocastanum</i> (1)	Kr A, Kr Gb He Kb, Al D, Kr Gb Kr Hb, BI E, Ly
<i>Agrimonia eupatoria</i> (1)	Legbl, Didü, He Kb, Kr, Ge
<i>Agropyron caninum</i> , <i>repens</i> (1)	3e D
<i>Ajuga reptans</i> (1)	Didü
<i>Alchemilla alpinae</i> (1)	
<i>Alchemilla glabra</i> (1)	Kr Gb, Didü, Ly D, Ly F
<i>Alchemilla vulgaris</i> (1)	Didü
<i>Alkana tinctoria</i> (1)	
<i>Allium cepa</i> (1)	Pa, Al D
<i>Allium sativum</i> (1)	Hau, Pa, Al D, Hekr, Ne G, Madidü, Le 5 = MiPa 6 = Ni 8
<i>Allium ursinum</i> (1)	Hau
<i>Aloe barbadensis</i> , <i>ferox</i> (1)	Madidü
<i>Aloe vulgaris</i> (1)	Madidü
<i>Alpinia officinarum</i> (1)	Madidü
<i>Althaea officinalis</i> (1)	Lu, Ly D
<i>Ammi majus</i> (1)	Hau



<i>Ammi visagna</i> (1)	Al
<i>Amygdalus communis</i> (1)	Hau
<i>Anacyclus pyrethrum</i> (1)	Ne, Ge
<i>Anagallis arvensis</i> (1)	Ge
<i>Andira araroba</i> (1)	
<i>Andrographis paniculata</i> (2)	Lu, Ly, Bl, Didü
<i>Anemone hepatica</i> (1)	Legbl, Nibl
<i>Anethum graveolens</i> (1)	Nibl, Legbl, Ne, Madidü
<i>Angelica archangelica</i> (1)	Ne, Madidü, Lu, Ne B, 3e A, xx 3e A+G
<i>Angelica officinalis</i> (1)	Ne, Ne B, 3e A, xx 3e A+G
<i>Angelica sinensis</i> (2)	
<i>Antennaria dioica</i> (1)	Legbl
<i>Anthemis nobilis</i> (1)	Ge, Ly F1, 3e 21, Madidü, Legbl
<i>Anthriscus cerefolium</i> (1)	Nibl, Bl A-E
<i>Anthyllis vulneraria</i> (1)	Hau
<i>Apium graveolens</i> (1)	Ne B, Nibl, Madidü, Legbl
<i>Apocynum cannabinum</i> (1)	
<i>Aquilegia vulgaris</i> (1)	Hau
<i>Arachis hypogaeae</i> (1)	
<i>Arctium lappa</i> (1)	Legbl, Nibl, 3e D, Pa, Hau F
<i>Arctium majus</i> (1)	Legbl, Nibl, Hau
<i>Arctostaphylos uva-ursi</i> (1)	Nibl
<i>Areca catechu</i> (1)	
<i>Aristolochia clematidis</i> (1)	
<i>Aristolochia serpentaria</i> (1)	Ne, Ne B
<i>Armoracia rusticana, lepatifolia</i> (1)	Nibl, Bl F+G, Lu, Ge, Hau
<i>Arnica (chamissonis), montana</i> (1)	Kr Gb + Hb, Hau, Bi, Ly, Ly D, He, He Kb, Kr, Lu, Ly, Bi
<i>Artemisia abrotanum</i> (1)	Legbl
<i>Artemisia absinthum</i> (1)	Mada, Legbl, Mi
<i>Artemisia cina</i> (1)	
<i>Artemisia dracunculus</i> (1)	Ne B
<i>Artemisia scoparia</i> (1)	Hekr, Ne B



<i>Artemisia vulgaris</i> (1)	Ne B
<i>Asa foetida</i> (1)	
<i>Asarum europaeum</i> (1)	Ly G
<i>Asclepias amplexicaulis</i> (1)	
<i>Asclepias syriaca</i> (1)	
<i>Ascophyllum nodosum</i> (1)	3e F
<i>Asparagus officinalis</i> (1)	Nibl
<i>Astragalus gummifer, microcephalus</i> (1)	Bi D
<i>Asperula odorata</i> (1)	Madadi, Ne B
<i>Atropa belladonna</i> (1)	
<i>Avena sativa</i> (1)	Ne B
<i>Azadirachta indica</i> (2)	Hau, Madidü, Pa, Ly, Ge, HeKr, BI 16, BI F, 3e
<i>Ballota foetida</i> (1)	Legbl, Hekr, Lu, Ne B
<i>Ballota nigra</i> (1)	Lu, Ne B
<i>Barosma betulinum</i> (1)	Nibl, BI F + G, Ne B
<i>Barosma crenata</i> (1)	Nibl
<i>Barosma crenulata</i> (1)	Nibl
<i>Barosma serratifolia</i> (1)	Nibl
<i>Bellis perennis</i> (1)	Bi, Hekr
<i>Berberis vulgaris</i> (1)	Legbl, Nibl, Hekr
<i>Beta vulgaris</i> (1)	
<i>Betonica officinalis</i> (1)	Hekr, Ne B
<i>Betula</i> (1)	Legbl, Nibl, Ge
<i>Betula alba</i> (1)	Legbl, Nibl, Ge
<i>Betula pendula, pubescens</i> (1)	Nibl, Madidü, Hau
<i>Bidens pilosa</i> (1)	
<i>Bidens tripartida</i> (1)	Nibl, Legbl
<i>Blechnum spicant</i> (1)	Kr Gb
<i>Borago officinalis</i> (1)	He
<i>Boswellia serrata</i> (2)	Ge, Lu, Didü
<i>Brassica juncea, nigra</i> (1)	Madidü, Hau, Ge, Lu, Ne
<i>Brassica napus, rapa</i> (1)	Hau, Bi D



<i>Brassica oleracea</i> (1)	Mada, Pa
<i>Brucea amarissima</i> (2)	Mada, HeKr, BI 16
<i>Brunella vulgaris</i> (1)	Madidü
<i>Bryonia</i> (1)	
<i>Bupleurum falcatum</i> (2)	Ne, Ly, Mi, Ma, Le
<i>Buxus sempervirens</i> (1)	
<i>Cactus grandifloris</i> (1)	He, He A, He Gb
<i>Calendula arvensis</i> (1)	Legbl
<i>Calendula officinalis</i> (1)	Kr, Hekr, Legbl, 3e
<i>Calluna vulgaris</i> (1)	Nibl
<i>Camelia sinensis</i> (1)	Ne G, Lu, Hekr, Nibl
<i>Cannabis sativa</i> (1)	Hau
<i>Capsella bursa-pastoris</i> (1)	Hekr, Kr Gb, BI E, xx BI F, Bi
<i>Capsicum anuum</i> (1)	Mada, Lu Fb, He, Le 5 = MiPa 6 = Ni 8, Ge
<i>Capsicum frutescens</i> (1)	Mada, Pa, Lu Fb, Ge
<i>Carduus benedictus</i> (1)	Ge, Pa, Mada, Nibl, Bi
<i>Carex arenaria</i> (1)	Ge, Pa, Hau
<i>Carica papaya</i> (1)	Pa, Mada
<i>Carlina acaulis</i> (1)	Nibl, Madidü, Hau
<i>Carthamus tinctorius</i> (1)	Al D, Hekr
<i>Carum carvi</i> (1)	Madidü, xx 3e E, 3e A+G
<i>Cassia augustifolia, senna</i> (1)	Madidü
<i>Castanea vulgaris</i> (1)	Lu
<i>Castanea sativa</i> (1)	Lu
<i>Catharanthus roseus</i> (1)	
<i>Cedrus atlantica</i> (1)	Nibl, Lu, Ne B
<i>Centaurea cyanus</i> (1)	Ly F1, 3e 21, Gbl 1
<i>Centaurea jacea</i> (1)	Mada
<i>Centaurea solstitialis</i> (1)	
<i>Centaurium erythraea</i> (1)	Hekr, Kr Gb, Mada, Ne
<i>Centella asiatica</i> (2)	Hau, KrGb, Madidü
<i>Centrantus ruber</i> (1)	Ne B



<i>Cephaelis acuminata, ipecacuanha</i> (1)	
<i>Ceratonia siliqua</i> (1)	Madidü
<i>Cetraria gyrophyrum, umbelicum</i> (1)	
<i>Cetraria ericetorum, islandica</i> (1)	Lu, Ma
<i>Chenopodium ambrosides</i> (1)	
<i>Chamaemelum nobile</i> (1)	
<i>Chamomilla recutita</i> (1)	Ge, Hau, Bi D, Mada, Legbl, Nibl, Ne, Ly D, Ly F, Ly F1, 3e 21, Gbl 1
<i>Cheirantus cheiri</i> (1)	Hekr, Ne B
<i>Chelidonium majus</i> (1)	Ne G, Didü, Lu, He, 3e F, Legbl, Pa, Lu, Al D, Hekr, Hau
<i>Chimophilia umbellata</i> (1)	Nibl, xy BI F+G
<i>Chondrodendron tomentosum</i> (1)	
<i>Chondrus crispus</i> (1)	
<i>Chrysanthemum americanum</i> (1)	Legbl
<i>Chrysanthemum cinerarifolium</i> (1)	
<i>Cichorium intybus</i> (1)	
<i>Cimicifuga racemosa</i> (1)	xx 3e A-G, BI F+G
<i>Cinchona calisaya, pubescens</i> (1)	Hekr, Mada, Pa, Ne
<i>Cinchona succirubra</i> (1)	
<i>Cinnamomum camphora</i> (1)	He, Lu, Ne
<i>Cinnamomum zeylandicum</i> (1)	Madidü, Ne, Hau
<i>Cirsium arvense</i> (1)	BI E
<i>Citrullus colocynthis</i> (1)	Hau
<i>Citrus aurantium = Citrus aurantium var. amara (Citrus amara)</i> (1)	Ne, Mi, He, Legbl (Ne G)
<i>Citrus bergamia</i> (1)	Lu, Mada, Hau
<i>Citrus limonum = citrus limon</i> (1)	Ni, 3e A [BI 22, Ni 10a], Kr Gb, Mi
<i>Citrus medica</i> (1)	
<i>Citrus reticulata</i> (1)	
<i>Citrus sinensis</i> (1)	
<i>Claviceps purpurea</i> (1)	
<i>Clematis vitalba, recta</i> (1)	Kr Gb, Ge, 3e A-G, BI F xy
<i>Cnicus benedictus</i> (1)	Mada, Legbl
<i>Cochlearia armoracia</i> (1)	Lu, Ly F



<i>Cochlearia officinalis</i> (1)	Ly F
<i>Coffea arabica, canephora, liberica</i> (1)	Hekr, Lu
<i>Cola acuminata, nitida</i> (1)	Hekr, 3e A-G
<i>Colchicum autumnale</i> (1)	
<i>Combretum micranthum</i> (1)	Legbl
<i>Commiphora molmol</i> (1)	Ly F
<i>Conium maculatum</i> (1)	
<i>Convallaria majalis</i> (1)	
<i>Convulvulus div.</i> (1)	
<i>Convulvulus arvensis</i> (1)	
<i>Convulvulus scammonia</i> (1)	Didü
<i>Coptis chinensis, deltoides, japonica</i> (2)	Didü, Hau
<i>Conyza canadiensis</i> (1)	Didü
<i>Copaifera officinalis</i> (1)	Bi D, Nibl, BI F+G, Lu
<i>Copernicia cerifera</i> (1)	
<i>Coriandrum sativum</i> (1)	Mada, Ge
<i>Coronilla varia</i> (1)	He
<i>Corydalis cava</i> (1)	Ne
<i>Corylus avellana</i> (1)	Kr G, Ly
<i>Crataegus azarolus, laevigata, monogyna, nigra, oxyacantha, pentagyna</i> (1)	He, Hau, Ne, Kr
<i>Crocus sativus</i> (1)	Al D, Hekr, xx 3e A-G + BI F-G
<i>Cróton eluteria</i> (1)	
<i>Cróton tiglium</i> (1)	Hau
<i>Cucurbita pepo</i> (1)	Madidü, xy BI F
<i>Cuminum cyminum</i> (1)	Mada, 3e F, 3e A+G
<i>Cupressus sempervirens</i> (1)	BI F, 3e A-G, BI E, Kr Gb, Lu
<i>Curcuma longa</i> (1)	Mada
<i>Curcuma zanthorrhiza</i> (1)	Mada, Legbl
<i>Curcuma zedoaria</i> (1)	Mada, Legbl
<i>Cyamopsis tetragonolobus</i> (1)	
<i>Cydonia oblonga</i> (1)	Bi D, Ly D, BI E, 3e E [Ma 41a]
<i>Cymbopogon winterianus</i> (1)	Hau



<i>Cynara cardunculus</i> (1)	Legbl, Pa, Hekr, Al D, Nibl
<i>Cyclamen persicum</i> (1)	
<i>Cyclamen europaeum</i> (1)	Ge, Bi
<i>Cyclamen elegans</i> (1)	
<i>Cydonia vulgaris</i> (1)	Hau, Madidü
<i>Cymbonogon nardus</i> (1)	
<i>Cymbonogon winterianus</i> (1)	
<i>Cynoglossum officinale</i> (1)	
<i>Cysticus laburnum</i> (1)	
<i>Cytisus scoparius</i> (1)	
<i>Daphne mezereum</i> (1)	Hau, Ne
<i>Datura metel, sanguinea, stramonium</i> (1)	
<i>Daucus carota</i> (1)	Madidü, He, Legbl, Nibl
<i>Delphinium consolida, staphisagria</i> (1)	
<i>Digitalis grandiflora, lanata, lutea, purpurea</i> (1)	
<i>Drosera rotundifolia</i> (1)	Lu, Kr Gb, Al D
<i>Dryas octopetala</i> (1)	He, Nibl
<i>Dryobalanops camphora</i> (1)	Hekr, 3e A
<i>Dryopteris filix-mas</i> (1)	
<i>Duboisia leichhardtii, myoporoides</i> (1)	
<i>Echallium elaterium</i> (1)	
<i>Echinacea angustifolia</i> (1)	Ly, Mi, Hau, Bi
<i>Echinacea purpurea</i> (1)	Ly, Mi, Hau, Bi
<i>Echinops ritro</i> (1)	
<i>Elettaria cardamomum</i> (1)	Madidü, Legbl, Pa
<i>Eleutherococcus senticosus</i> (1)	Pa
<i>Ephedra div.</i> (1)	
<i>Equisetum arvense</i> (1)	Kr, Bi, Ge, Kr Gb, Bl E, Bi, Hau A + E
<i>Erica cinerea</i> (1)	Nibl
<i>Eriodictyon californus</i> (1)	Lu
<i>Eryngium campestre</i> (1)	Legbl, Nibl
<i>Eryngium var.planum</i> (1)	Hau



<i>Erysimum cheiranthoides</i> (1)	He
<i>Erysimum officinale</i> (1)	Lu, KG 21, Ly D
<i>Erythraea centaurium</i> (1)	Kr Gb
<i>Erythroxyllum coca</i> (1)	
<i>Eschscholzia californica</i> (1)	Legbl, Ne
<i>Eucalyptus fruticetorum, globulus, smithii</i> (1)	Lu, Pa
<i>Eugenia caryophyllata</i> (1)	
<i>Eupatorium cannabinum</i> (1)	Legbl, Mi
<i>Euphorbia cyparissias</i> (1)	Bl E, Hau
<i>Euphorba esule</i> (1)	
<i>Euphrasia officinalis</i> (1)	Ly F1, 3e 21, Gbl 1
<i>Evonymus atropurpureus</i> (1)	Hekr
<i>Evonymus europaeus</i> (1)	Hekr
<i>Fagopyrum esculatum, tataricum</i> (1)	
<i>Fagus sylvatica</i> (1)	Hau, Madidü
<i>Ficaria ranunculoides</i> (1)	Bl E, Kr Gb
<i>Ficus carica</i> (1)	Di
<i>Filipendula ulmaria</i> (1)	Ge, Ne, Nibl, Legbl, Hekr
<i>Foeniculum vulgare</i> (1)	Lu, xx 3e E, Madidü, Ly F1, 3e 21, Gbl 1
<i>Fragaria vesca</i> (1)	Madidü, Le, Mi
<i>Frangula alnus, purshiana</i> (1)	Didü
<i>Fraxinus excelsior</i> (1)	Ge
<i>Fraxinus japonica</i> (1)	
<i>Fraxinus ornus</i> (1)	Ne G, Lu, He, Ni, Didü
<i>Fraxinus oxyphylla</i> (1)	Legbl, Nibl
<i>Fucus amylaceus</i> (1)	Didü
<i>Fucus crispus</i> (1)	Didü
<i>Fucus serratus</i> (1)	Didü
<i>Fucus vesiculosus</i> (1)	3e F
<i>Fumaria micrantha</i> (1)	Legbl
<i>Fumaria officinalis</i> (1)	Legbl, Ne G, Pa, Hekr, Lu
<i>Galanthus nivalis</i> (1)	





<i>Galega officinalis</i> (1)	Pa, xx 3e E
<i>Galeopsis dubia</i> (1)	Lu
<i>Galeopsis ochroleuca, segetum</i> (1)	Lu, Hekr
<i>Galipea officinalis</i> (1)	Mada, Pa, Ge, Ne
<i>Galium odoratum</i> (1)	Legbl, Nibl, Hekr
<i>Galium verum</i> (1)	Nibl, Ly, Mada, Hau
<i>Gaultheira procumbens</i> (1)	Ge
<i>Gelidium sp.</i> (1)	Didü
<i>Gelsemium sempervirens</i> (1)	He
<i>Genista tinctorium</i> (1)	Nibl
<i>Gentiana asclepiadea, lutea, pannonica, punctata, pururea</i> (1)	Madidü
<i>Gentiana scabra</i> (2)	Le
<i>Geranium macrorrhizum</i> (1)	Hekr
<i>Geranium robertianum</i> (1)	Hekr
<i>Geum urbanum</i> (1)	Ly F, Ne
<i>Gigartina sp.</i> (1)	Didü
<i>Ginkgo biloba</i> (1)	Hekr, Ne G
<i>Glaucium favum</i> (1)	Lu
<i>Glechoma hederacea</i> (1)	Lu
<i>Globularia vulgaris, alypum</i> (1)	Legbl, Bi, Le 5 = MiPa 6 = Ni 8
<i>Glycine max, soja [Soja hispida]</i> (1)	
<i>Glycyrrhiza glabra</i> (1)	Lu, Mada, Ly D, Ly F, Hau, BI E
<i>Gossypium hirsutum</i> (1)	
<i>Gratiola officinalis</i> (1)	He, Madidü
<i>Grindelia camporum, humilis, squarrosa</i> (1)	Lu
<i>Grindelia robusta</i> (1)	Ge, Lu
<i>Guaiacum officinale</i> (1)	Ge
<i>Hamamelis virginiana</i> (1)	Kr Gb, Hau, BI E, Nibl
<i>Haronga madagascar</i> (1)	Madidü, Pa
<i>Harpagophytum procumbens</i> (1)	
<i>Hedera helix</i> (1)	Ge, Lu, Hau
<i>Helenium autumnale, microcephalum</i> (1)	



<i>Helianthus annuus</i> (1)	
<i>Helianthus pumilus</i> (1)	Le 5 = MiPa 6 = Ni 8
<i>Helichrysum arenarium</i> (1)	Legbl, Nibl, Hau
<i>Heliotropium europaeum</i> (1)	
<i>Heliotropium indicum</i> (1)	
<i>Helleborus niger</i> (1)	Hekr, Ne
<i>Hepatica nobilis</i> (1)	Legbl, Nibl
<i>Heracleum sphondylium</i> (1)	
<i>Hernaria glabra</i> (1)	Hau
<i>Hibiscus sabdariffa</i> (1)	
<i>Hieracium pilosella</i> (1)	
<i>Hippophae rhamnoides</i> (1)	He, Kr Hb
<i>Hordeum vulgare</i> (1)	Didü
<i>Humulus lupulus</i> (1)	Ne, Mada, 3e A-G
<i>Hydrastis canadensis</i> (1)	
<i>Hyoscyamus niger</i> (1)	
<i>Hypericum perforatum</i> (1)	Hau, Mada, Ne, Ne G
<i>Hyssopus officinalis</i> (1)	Lu, 3e A, Hekr, Ne
<i>Ilex aquifolium</i> (1)	Ge, Nibl, Lu
<i>Ilex paraguayensis</i> (1)	Ne, Nibl
<i>Illicium verum</i> (1)	Mada
<i>Imperatoria ostruthium</i> (1)	Hekr, Ne, Mada
<i>Inula helenium</i> (1)	Mada, Lu, Legbl, Hau
<i>Inula racemosa</i> (1)	Hau
<i>Ipomea purga</i> (1)	
<i>Ipomea turpethum</i> (1)	
<i>Iris florentina, germanica</i> (1)	
<i>Juglans regia</i> (1)	Hau, Pa
<i>Juniperus communis, oxycedrus, sabina</i> (1)	Ge, Bi, Pa, Nibl, Hau
<i>Krameria triandra</i> (1)	Ly D, Ly F
<i>Laminum album</i> (1)	BI F xx
<i>Lacifer lacca</i> (1)	



Laminaria digitata, hyperborea (1)	
Larix decidua, sibirica (1)	Lu, Ge
Laurus nobilis (1)	Ge, Hau
Laurus persea (1)	Hau
Lavandula angustifolia (1)	Legbl, Ne, Ly E
Lavandula spica, vera, officinalis (1)	Ne, Legbl, Hau, Nibl, Hekr
Lawsonia inermis (1)	Hau F
Ledum palustre (1)	
Leonurus cardiaca (1)	He, 3e F
Leonurus sibiricus (1)	
Lepidium sativum (1)	He
Lepidium sativum (1)	He
Leptandra virginica (1)	Legbl
Lespedeza capitata (1)	Pa, Ni
Lespedeza velutina (1)	
Leuzea carthamoides (1)	Le 5 = MiPa 6 = Ni 8
Levisticum officinale (1)	Nibl
Liatris spicata (1)	
Linaria vulgaris (1)	Legbl, Nibl
Linum album (1)	
Linum usatissimum (1)	Madidü, Hau
Lippia citriodora (1)	Mada, Ne B
Lithospermum officinale, ruderaale (1)	
Lobelia inflata (1)	
Loiseleuria procumbens (1)	
Lycium barbarum (1)	Pa
Lycium chinense (1)	Ge
Lycium europaeum (1)	Pa
Lycopersicum esculentum (1)	Ge
Lycopodium clavatum (1)	Nibl, Hau
Lycopus europaeus (1)	He, xx 3e E, 3e F
Lysimachia nummularia (1)	Madidü, Hekr



<i>Lysimachia vulgaris</i> (1)	Madidü
<i>Lythrum salicaria</i> (1)	Madidü, Hau
<i>Magnolia officinalis</i> (2)	Madidü, Ne, Lu
<i>Majorana hortensis</i> (1)	Mada
<i>Malva maurettiana, neglecta, sylvestris</i> (1)	Hau, BI E, Ly D, Ly F, Bi D
<i>Malva rotundifolia</i> (1)	BI E
<i>Marrubium vulgare</i> (1)	He, Lu
<i>Mandragora officinarium</i> (1)	
<i>Marsdenia condurango</i> (1)	Mada
<i>Matricaria recutita</i> (1)	Hau, Madidü, Ly F1, 3e 21, Gbl 1, Ly D + F
<i>Medicago sativa, sativa</i> (1)	Hekr
<i>Melaleuca viridiflora, leucadendron</i> (1)	
<i>Melilotus officinalis</i> (1)	Hekr, Kr Gb, Ly, AI D
<i>Melissa officinalis</i> (1)	Mada, He, 3e F, Legbl, Ne
<i>Melittis melissophyllum</i> (1)	Ly F1, 3e 21, Gbl 1
<i>Mentha arvensis, piperita</i> (1)	Mada, Legbl, Pa, Hau, Ne, Ly D, Ly F
<i>Mentha cardiaca</i> (1)	
<i>Mentha pulegium</i> (1)	
<i>Mentha sylvestris</i> (1)	Legbl
<i>Menyanthes trifoliata</i> (1)	Mada
<i>Mercurialis annua, perennis</i> (1)	Madidü, Nibl
<i>Momordica charantia</i> (2)	Pa, 3e D+E, Di
<i>Monarda didyma</i> (1)	
<i>Myristica fragrans</i> (1)	
<i>Myroxylon balsamum</i> (1)	Hau
<i>Myrtus communis</i> (1)	Lu
<i>Narcissus jonquilla</i> (1)	Hekr
<i>Narcissus pseudo-narcissus</i> (1)	
<i>Narcissus tazetta</i> (1)	Le 5 = MiPa 6 = Ni 8
<i>Nasturtium officinale</i> (1)	
<i>Nicotiana tabacum</i> (1)	
<i>Nigella sativa, damascena</i> (1)	Madidü, xx 3e E, Nibl, Ne



<i>Nymphaea alba</i> (1)	Ne, 3e
<i>Ocimum basilicum</i> (1)	Madidü, 3e E, BI F, Bi D, 3e A [BI 22, Ni 10a]
<i>Ocimum canum</i> (1)	Ge, Nibl
<i>Ocimum tenuiflorum</i> (2)	
<i>Olea europea</i> (1)	Hekr, Legbl, Nibl, Ma (BI D), Hau
<i>Oenanthe phellandrium</i> (1)	Lu
<i>Oenothera biennis</i> (1)	Hau
<i>Ononis spinosa</i> (1)	Nibl
<i>Onopordon acanthium</i> (1)	Hau
<i>Opuntia div.</i> (1)	Madidü
<i>Orchis</i> (1)	3e A-G
<i>Origanum vulgare</i> (1)	3e A-G, BI F
<i>Orobanche aegyptiaca</i> (1)	Hekr
<i>Orobanche div.</i> (1)	Hekr
<i>Orthosiphon stramineus</i> (1)	Nibl
<i>Oryza sativa</i> (1)	
<i>Panax ginseng</i> (1)	Pa, Legbl, Mi, Ne G, Ne, 3e A-G, AI D, Hekr
<i>Panax quinquefolium</i> (2)	
<i>Paeonia moutan</i> (1)	Mada
<i>Paeonia officinalis</i> (1)	Mada, Ne
<i>Papaver rhoeas, somniferum</i> (1)	
<i>Parietaria officinalis</i> (1)	Ge, Nibl
<i>Passiflora incarnata</i> (1)	Ne
<i>Pastinaca sativa</i> (1)	Hekr
<i>Paullinina cupana</i> (1)	Ne
<i>Pausinystalia yohimbe</i> (1)	
<i>Peganum harmala</i> (2)	3e E, Didü
<i>Pelargonium graveolen</i> (1)	Mada, Hau, Pa, Hau
<i>Pelargonium reniforme</i> (1)	
<i>Pelargonium roseum</i> (1)	Mada, Hau, Pa
<i>Petasites albus, japonicus</i> (1)	
<i>Petasites hybridus</i> (1)	Ne, Legbl, Lu



<i>Petasites officinalis</i> (1)	Hekr
<i>Petroselinum hortense</i> (1)	Nibl, Hekr, 3e A-E xx
<i>Peucedanum ostruthium</i> (1)	Hekr
<i>Peumus boldus</i> (1)	Legbl, Nibl, Ne
<i>Phaseolus vulgaris</i> (1)	Pa, Hekr
<i>Phellandrium aquaticum</i> (1)	Lu
<i>Phellodendron amurense</i> (2)	Madidü, Hau, Ly F1
<i>Phyllitis scolopendrinum</i> (1)	Legbl, Mi
<i>Physalis alkekengi</i> (1)	Nibl
<i>Physostigma venenosum</i> (1)	Ly F1, 3e 21, Gbl 1
<i>Picea abies</i> (1)	
<i>Picraena excelsa</i> (1)	
<i>Picrorrhiza kurrooa, scrophulariflora</i> (2)	
<i>Pilocarpus jaborandi</i> (1)	Hau F
<i>Pimpinella anisum</i> (1)	Lu, Madidü, 3e E
<i>Pimpinella saxifraga</i> (1)	Lu
<i>Pinguicula vulgaris</i> (1)	Lu
<i>Pinus mugo, sylvestris, pinaster</i> (1)	Lu, 3e A, Ge
<i>Piper album, cayennense, longum, niger</i> (1)	Madidü
<i>Piper methysticum</i> (2)	
<i>Pirus malus</i> (1)	
<i>Piscidia erythrina</i> (1)	Ne
<i>Pistacia lentiscus</i> (1)	Hau
<i>Plantago indica</i> (1)	Lu
<i>Plantago lanceolata</i> (1)	Al D, Lu
<i>Plantago major</i> (1)	Hau, Ly F1, 3e 21, Gbl 1
<i>Plantago ovata</i> (1)	Mada
<i>Plantago psyllium</i> (1)	Mada
<i>Platycodon grandiflorum</i> (2)	Lu, Ma
<i>Pogostemon patchouly</i> (1)	
<i>Polygala amara</i> (1)	3e E
<i>Polygala senega</i> (1)	Lu, Hau



<i>Polygonatum officinale</i> (1)	Hau, Bi
<i>Polygonum aviculare</i> (1)	BI E
<i>Polygonum bistorta</i> (1)	
<i>Polygonum hydropiper</i> (1)	BI E
<i>Polypodium vulgare</i> (1)	Legbl, Lu
<i>Polyporus officinalis</i> (1)	
<i>Populus div.</i> (1)	Hekr, Lu
<i>Populus tremula</i> (1)	Hekr
<i>Potentilla anserina</i> (1)	Madidü
<i>Potentilla aurea</i> (1)	Pa
<i>Potentilla erecta</i> (1)	Madidü
<i>Potentilla tormentilla</i> (1)	Madidü
<i>Poterium sanguisorba</i> (1)	Didü
<i>Poterium spinosum</i> (1)	Hekr
<i>Primula elatior</i> (1)	Hau, Lu, Ge
<i>Primula officinalis</i> (1)	Hau, Lu, Ge
<i>Primula veris</i> (1)	Hau, Lu, Ly D + E
<i>Prunella vulgaris</i> (1)	Madidü
<i>Prunus africana</i> (2)	BI F
<i>Prunus armeniaca</i> (2)	
<i>Prunus avium</i> (1)	Nibl
<i>Prunus cerasus</i> (1)	Nibl
<i>Prunus dulcis</i> var <i>dulci</i> (1)	Hau
<i>Prunus laurocerasus</i> (1)	Lu
<i>Prunus</i> sp. (1)	Hau
<i>Prunus spinosa</i> (1)	Lu
<i>Psidium guajava</i> (2)	Madidü, Mi, Ly
<i>Ptelea trifoliata</i> (1)	
<i>Pulmonaria officinalis</i> (1)	Lu
<i>Punica granatum</i> (2)	Didü
<i>Pyrola umbellata</i> (1)	Nibl
<i>Quassia amara</i> (1)	Legbl, Le 5 = MiPa 6 = Ni 8



<i>Quercus glauca</i> (1)	Legbl
<i>Quercus lusitanica</i> var. <i>infectoria</i> (1)	BI E
<i>Quercus robur</i> (1)	Ly F1 (3e 21), BI E, Hau, Ly D, Ly F, Hau A, Madidü, Ma
<i>Quercus salicina</i> (1)	Legbl
<i>Quercus stenophylla</i> (1)	Legbl
<i>Quillaja smegmadermos</i> (1)	Hau
<i>Quillaja saponaria</i> (1)	
<i>Raphanus sativus</i> (1)	Legbl, Lu
<i>Rauwolfia serpentina</i> , <i>tetraphylla</i> , <i>vomitoria</i> (1)	He, Ne
<i>Rehmannia glutinosa</i> (2)	
<i>Reseda lutea</i> (1)	
<i>Rhamnus catharicus</i> (1)	
<i>Rhamnus frangula</i> , <i>purshiana</i> (1)	
<i>Rheum officinale</i> , <i>palmatum</i> (1)	
<i>Rhododendron chrysanthum</i> , <i>ferrugineum</i> (1)	Ge, xy BI F+G
<i>Rhus aromaticum</i> (1)	
<i>Rhus cotinus</i> (1)	
<i>Rhus toxicodendron</i> (1)	Ge, Ne
<i>Ribes nigrum</i> (1)	Madidü, Hekr, Ge
<i>Ricinus communis</i> (1)	Madidü
<i>Robinia pseudo-acacia</i> (1)	Madidü, Hekr
<i>Rosa canina</i> , <i>centifolia</i> , <i>damascena</i> , <i>gallica</i> , <i>pendulina</i> (1)	Nibl, 3e F
<i>Rosa chinensis</i> (1)	
<i>Rosmarinus officinalis</i> (1)	Ge, Ne, Hekr, Lu, Madidü, Legbl, Nibl
<i>Rubia tinctoria</i> (1)	Nibl, Legbl
<i>Rubus idaeus</i> (1)	Hau
<i>Rubus fruticosus</i> (1)	Nibl, Pa, Hau
<i>Rumex hydrolapathum</i> (1)	Madidü
<i>Rumex obtusifolius</i> (1)	Madidü
<i>Ruscus aculeatus</i> (1)	Kr Gb
<i>Ruta graveolens</i> (1)	Hekr, Hau, 3e A-G, Ly F1, AI D
<i>Salices</i> div. (1)	Ne, Ge, 3e A-G, Hekr





<i>Salsola div.</i> (1)	Hekr
<i>Salvia lavandulaefolia</i> (1)	
<i>Salvia officinalis, triloba</i> (1)	Ly D, Ly F, 3e A-G, Ne B, Madidü
<i>Sambucus ebulus</i> (1)	Madidü, Hekr
<i>Sambucus nigra</i> (1)	Madidü, Hekr, Ge, Ne
<i>Sanguinaria canadensis</i> (1)	Lu, Hau
<i>Sanguisorba officinalis</i> (1)	Madidü
<i>Sanicula europaea</i> (1)	Lu, Hau
<i>Santalum album, rubrum</i> (1)	Nibl
<i>Saponaria officinalis</i> (1)	Legbl, Lu, Nibl
<i>Sarothamus scoparius</i> (1)	
<i>Satureja hortensis, montana</i> (1)	Legbl, Nibl, Madidü, 3e A, Hau
<i>Satureja menthifolia</i> (1)	Madidü
<i>Saxifraga granulata</i> (1)	Nibl, Legbl
<i>Scabiosa succisa</i> (1)	Lu
<i>Schisandra chinensis</i> (2)	Lu, Pa, Nibl
<i>Schoenocaulon officinale</i> (1)	
<i>Scopolia carniolica</i> (1)	
<i>Scrophularia grossheimi</i> (1)	Legbl, Nibl, Hekr
<i>Scrophularia nodosa</i> (1)	Hau, Ge, BI E
<i>Scutellaria orientalis</i> (1)	Hekr
<i>Sedum acre</i> (1)	Hekr, BI E
<i>Sedum roseum</i> (1)	BI E
<i>Sempervivum tectorum</i> (1)	BI E
<i>Senecio jacobirea</i> (1)	Kr Gb
<i>Senecio div.</i> (1)	
<i>Senecio vulgaris</i> (1)	Kr Gb
<i>Serenoa repens</i> (2)	BI
<i>Sesamum indicum</i> (1)	
<i>Silybum marianum</i> (1)	Legbl, Hekr
<i>Simaruba cedron</i> (1)	
<i>Sinapis alba, nigra</i> (1)	Ge



<i>Sisymbrium officinalis</i> (1)	KG 21, Lu
<i>Smilax china</i> (1)	
<i>Smilax utilis</i> (1)	Hau
<i>Solanum dulcamara</i> (1)	Ge, Hau
<i>Solanum melongena</i> (1)	Legbl, Pa, Nibl
<i>Solanum nigrum</i> (1)	Ne
<i>Solanum tuberosum</i> (1)	
<i>Solidago virgaurea</i> (1)	Nibl, Madidü, Hekr
<i>Sonchus oleraceus</i> (1)	
<i>Sorbus aucuparia</i> (1)	Hekr, Al D, Madidü, Pa
<i>Sorbus domestica</i> (1)	Madidü
<i>Spilanthes oleraceae</i> (1)	Hau, Bi, Ly F
<i>Spirea ulmaria</i> (1)	Legbl, Nibl, Hekr, Ge
<i>Sterculia tomentosa, urens</i> (1)	Madidü
<i>Strophantus gratus, kombe</i> (1)	
<i>Strychnos nux vomica</i> (1)	
<i>Styrax tonkinensis</i> (1)	Hau, Lu
<i>Symphytium officinalis</i> (1)	Ge, Bi, Kr Gb
<i>Syringa vulgaris</i> (1)	Ge
<i>Syzygium aromaticum</i> (1)	
<i>Tamarindus indica</i> (1)	Madidü
<i>Tamus communis</i> (1)	Ge, Bi, Kr Gb
<i>Tanacetum cinerariifolium</i> (1)	Madiü, Hau
<i>Tanacetum parthenium</i> (1)	
<i>Tanacetum vulgare</i> (1)	Legbl
<i>Taraxacum officinale</i> (1)	Nibl, Legbl, Ge, Bi
<i>Terminalia chebula</i> (2)	Lu, Didü
<i>Teucrium chamaedrys</i> (1)	
<i>Teucrium marum, montanum, polium</i> (1)	Legbl, Ne B
<i>Teucrium scorodonia</i> (1)	Hekr
<i>Theobroma cacao</i> (1)	Hekr
<i>Thermopsis lanceolata</i> (1)	Lu



<i>Thymus capitatus</i> (1)	
<i>Thymus pulegioides</i> (1)	Madidü, Ne B
<i>Thymus serpyllum</i> (1)	
<i>Thymus vulgaris</i> (1)	Ne B, Ne G, 3e A, Lu, Hau, Lu
<i>Thymus zygis</i> (1)	Mada, Lu
<i>Tilia cordata, platyphyllos, sylvestris, vulgaris</i> (1)	Ne, Legbl, Nibl, Hau
<i>Tribulus terrestris</i> (2)	Lu, 3e E
<i>Trifolium pratense</i> (2)	
<i>Trifolium repens</i> (1)	Ge
<i>Trigonella foenum graecum</i> (1)	Pa, Hekr, Ni
<i>Triticum sativum</i> (1)	3e A-G, Hekr, Al D, Hau
<i>Tropaeolum majus</i> (1)	Hau, Lu
<i>Tussilago farfara</i> (1)	Lu
<i>Ulmus campestris</i> (1)	Hau
<i>Uncaria rhynchophylla, macrophylla, hirsuta, sinensis, sessilifructus</i> (2)	
<i>Uncaria tomentosa</i> (2)	Mi, Ly
<i>Unona odorantissimum</i> (1)	Hekr, Mada, 3e A-G
<i>Urginea maritima</i> (1)	
<i>Urginea scilla</i> (1)	
<i>Urtica dioica</i> (1)	Nibl, Legbl, Ge, Hekr, Al D, Hau, 3e E, Pa
<i>Vaccinium macrocarpon</i> (2)	
<i>Vaccinium myrtillum</i> (1)	Madidü, Ly D+F
<i>Vaccinium vitis-idaea</i> (1)	Nibl, Ge
<i>Valeriana officinalis</i> (1)	Ne B
<i>Vanilla planifolia</i> (1)	Madidü
<i>Veratrum album</i> (1)	
<i>Verbascum densiflorum, phlomoides</i> (1)	Lu
<i>Verbascum nobile, thapsiforme, thapsus</i> (1)	Lu, Ge, Legbl, Pa, Hekr
<i>Verbena officinalis</i> (1)	Ne B 3e A-G, Madidü, Hau
<i>Verônica officinalis</i> (1)	Lu
<i>Veronica chamaedrys</i> (1)	Lu
<i>Viburnum opulus</i> (1)	He, Hekr



<i>Viburnum prunifolium</i> (1)	3e A-G, BI F
<i>Vinca minor</i> (1)	Ne G, Hekr, Pa
<i>Viola arvensis</i> (1)	Lu, Hau
<i>Viola calcarata, lutea</i> (1)	Hau
<i>Viola odorata</i> (1)	Lu
<i>Viola sudetica</i> (1)	Lu
<i>Viola tricolor</i> (1)	Hau, Lu
<i>Viscum album</i> (1)	Hekr
<i>Vitex agnus-castus</i> (1)	
<i>Vitex negundo</i> (1)	Ge
<i>Vitis vinifera</i> (1)	Kr Gb, Hekr, Al D, Ge, Legbl
<i>Withania somnifera</i> (2)	Ne
<i>Xanthium sinensis</i> (1)	
<i>Xanthium strumarium</i> (1)	Legbl, Nibl, Pa
<i>Zea mays</i> (1)	Nibl, Ne
<i>Zingiber officinalis</i> (1)	Madidü
<i>Zizyphus jujuba</i> (2)	

(1) The listed medicinal plants correspond to these of the Swiss IKS Lists B-E of the Intercantonal Convention on the Control of Medicines, the Pharmacopoeias DAB 8, ÖAB, Ph.Eur, Ph.Helv.VI, Ph. Franç. 9, 10 and publications of forensic medicine and toxicology (with officinal plants from Algeria, Belgium, Bulgaria, Canada, Chile, China, Gabon, Great Britain, India, Italy, Japan, Korea, Mexico, Poland, Russia, USA, Venezuela) and the WHO lists:

(2) WHO Monographs on Selected Medicinal Plants Volumes 1 - 4 & WHO Monographs on Medicinal Plants Commonly Used in the Newly Independent States

In this list are by far not so many medicinal plants as have been inventoried yet (about 12'000 in Penso, G., *Index plantarum medicinalium totius mundi eorumque synonymorum*, Milano, OEMF) or worldwide estimated by the WHO (about 20'000).

#### Research support

This list is - with two other papers - part of an autonomous and independent research.



< Abbreviations like in the periodic table of EAV

	german standard	english translation
3e =	Dreifach-Erwärmer	<b>triple heater</b>
Al =	Allergie	<b>allergy</b>
Bi =	Bindegewebe	<b>connective tissue</b>
Bl =	Blase	<b>bladder</b>
Di =	Dickdarm	<b>colon</b>
Dü =	Dünndarm	<b>small Intestine</b>
Ge =	Gelenke	<b>articulations</b>
Gbl =	Gallenblase	<b>gallbladder</b>
Hau =	Haut	<b>skin</b>
He =	Herz	<b>heart</b>
Kr =	Kreislauf	<b>circulation</b>
Le =	Leber	<b>liver</b>
Lu =	Lunge	<b>lung</b>
Ly =	Lymph	<b>lymph</b>
Ma =	Magen	<b>stomach</b>
Mi =	Milz	<b>spleen</b>
Ne =	Nerven	<b>nerves</b>
Ni =	Niere	<b>kidney</b>
Pa =	Pankreas	<b>pancreas</b>



All measuring points and more abbreviations in the EAV atlas >

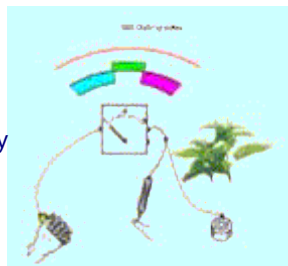
This is a simplified list for laymen without direct correlation indication - medicinal plant.

The practitioner should be able to differentiate between:

Amylum / balsamum / bulbus / carbo / cera / cortex / cortex septum / extractum / extractum fluid / flos / flos sine santonium / folia / foliorum / fructus / fucus / fungus / gemmae / gummi arabicum / graminis / herba / lichen / lignum / manna / oleum / peel / pix / pseudofructus / pulpa depur. / radix / resina / rhizoma / salep / semen / stramen / strobuli / stylus / terebintia / tinctura / tuber / turio  
us.int, us.ext., simple dose, limits

Abortifacient, acrid, adolescence disturbance, analgesic, anaesthetic, anodyne, anthelmintic, anti-arrhythmic, anti-arteriosclerotic, antiasthmatic, antibacterial + antibiotic (e.g. bacillus cereus, brucella abortus, brucella melitensi, cholera, diphtheria, gram-positive/negative, haemophilus pertussis, mycobacterium tuberculosis, pest, pneumococcus, salmonella, staphylococcus aureus, staphylococcus faecalis, streptococcus, tetanus, tuberculosis), anticatarrhal, anticholesterolemic, anticoagulant, anticonvulsant, antidandruff, antidepressant, antidermatologic, anti-diabetic, antidote (alkaloids, carbon dioxide, lead, morphine, narcotic, nicotine, phosphor, soporific), antiechymotic, antiemetic, antiestrogenic, antifungal, antigonadotropin, antihaemorrhoidal, antiinfective, anti-inflammatory, anti-leukemic, antimalarial, anti-migraine, anti-neuralgic, anti-oedematous, antiperiodic, antiperspirant, antiphlogistic, anti-platelet, antiprotozoal, antipruritic, antipyretic, antirefusal, antirheumatic, antiscorbutic, antiseptic, antispasmodic, antithyroid, antitremor, antitumor, antitussive (whooping cough), antiviral (e.g. herpes genitalis, herpes labialis, herpes simplex, herpes zoster, mumps), anxiolytic, aperient, aphrodisiac, appetizer, aromatic, astringent, balneotherapy, bitter, bronchial secretolytic, cardiotoxic, carminative, cathartic, cholagogue, choloretic, cicatrizant, climacteric discomforts, contraceptive, convalescence, cytostatic, decongestant, demulcent, dentistry, depurative, detergent, detoxify, digestive, disinfectant, diuretic, dye, emetic, emmenagogue, enuresis, estrogenic, expectorant, febrifuge, functional disorder, galactofuge, galactagogue, geriatric, haemolytic, haemostatic, hallucinogenic, hepatic, hepatotoxic, hormone blocker, hypnotic, hypoglycaemic, hypolipidaemic, hypothyroid, hypotensive, hypothermic, immune system stimulant, insecticide, insects dispelling, irritant, joss stick, laxative, lithontripic, metabolic disorders, mitosis activating, mucilaginous, narcotic, nephritic, nervine, nursing mother, odontalgic, ophthalmic, oxytoxic, parasiticide (sarcoptes scabiei), paregoric, pectoral, peptic, poultice, pregnancy discomforts, prolongs the narcosis, psychotonic, psychotropic, puerperal fever, purgative, reduces suprarenal activity, regenerative, relaxant, rubefacient, sedative, side effect, sternutatory, sting, stomachic, stimulant, sudorific, sun-sensitizing, supportive, sympathomimetic, (capillary, circulation, hair, muscle, vein) tonic, toxic, tranquilizer, thrombolytic, valvular defect, vasodilator (coronary arteries, cerebral blood vessels), vermifuge, vulnerary, (narcotic) withdrawal

Additional directed phytotherapy



modules within the EAV Courses